

CIMBS

Cosmos Institute of Mental Health & Behavioural Sciences
Service • Training • Research

ADVANCED MENTAL HEALTH CARE - BECAUSE MIND MATTERS

Associated Hospitals



DELHI PSYCHIATRY CENTRE

Complete Psychiatric & Psychological Care

35 Defence Enclave, Vikas Marg, Delhi-92

Ph: +91-11- 43 666 666 Fax: 22524726



www.cimbs.in

cosmoshospitals@gmail.com

OPD • Indoor • Special Clinics • Rehab • Community Outreach • Multidisciplinary Team

- Psychiatric Consultation
- Psychological Evaluation
- Psycho-Diagnostic, IQ and Personality Testing
- Psychotherapy, Behaviour Therapy, Counseling
- Relaxation Training, Meditation & Yoga Therapy
- Psycho-Sexual Therapies
- Marriage Counseling & Marital Therapy
- Family Therapy
- Child & Adolescent Mental Health Services
- Assessment & Assistance Programs at Schools
- IQ and Aptitude Tests
- Cosmos Career Counseling Program
- Corporate Psychological Health Programs
- Lifestyle & Stress Management Programs
- Hospitalization for various Psychiatric Disorders
- Psychiatric Intensive Care Unit (PICU)
- Emergency Services
- Psychiatric Escort for patient transportation
- Brief Pulse Electro Convulsive Therapy (ECT)
- Advanced Drug De-addiction & Rehabilitation
- Anti Drug Implants
- Exclusive Alcohol Treatment Program
- Specialised Geriatric Psychiatric Services
- Mental Health Problems of the Elderly
- Neuropsychological Testing
- Memory Clinic
- SAHIL Rehabilitation for Mentally Ill
- Community Outreach and Support

rTMS • EEG • Biofeedback • Neuro-feedback • Sleep Lab Studies • Neuro-cognitive Tests

REPETITIVE TRANSCRANIAL MAGNETIC STIMULATION (rTMS)

- The latest treatment for psychiatric & neurological disorders -

Non-invasive • No Electric Shock (ECT) • No surgery • Non-systemic

Approved: Canada: 2002

US FDA 2008

Brought to India by CIMBS

CIMBS offers an integrated system of psychiatric, psychological, rehabilitation and community care through Delhi Psychiatry Centre which is India's first ISO 9001:2000 Certified Psychiatric facility also Licensed under the Mental Health Act 1987.

Its team of renowned and highly qualified psychiatrists, clinical psychologists, social workers, counselors and nurses is reputed for professional excellence and personalised care.

CIMBS conducts various training programs including a Certificate Course in Clinical & Community Psychology (CAP-CCP), and a certificate course in Child and Adolescent Psychology & Psychiatry (CCC-APP), besides conducting independent and international community and clinical research.

...Depressed...Anxious...Tense...Phobia...Insomnia...Suicidal...Agitated...Addiction...?

Help is Just a Phone Call Away.....Call 011-43 666 666

Psychiatric Ambulance and Escort for Disturbed, Agitated and Suicidal Patients

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REPETITIVE TRANSCRANIAL MAGNETIC STIMULATION (rTMS)

The latest treatment for psychiatric & neurological disorders

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2008



NOW BROUGHT TO INDIA BY CIMBS

Repetitive Transcranial Magnetic Stimulation (rTMS) is a non-surgical, non invasive, non-pharmacological technique where an electromagnetic field roughly the strength of an MRI scan non-invasively passes multiple magnetic pulses per second through the skull. These magnetic pulses stimulate the targeted areas of the underlying brain tissue to produce therapeutic changes.

rTMS does not have side effects that are seen with Electric Shock Treatment (ECT) nor does it have the systemic (bodily) side effects that may occur with medicines.

Worldwide clinical and research data shows that **rTMS is a safe and effective treatment for:**

- Depression
- Anxiety Disorders
- Auditory Hallucinations
- Addictions
- Migraine
- Obsessive Compulsive Disorder
- Bipolar Disorders
- Schizophrenia
- Eating Disorders
- ADHD
- Tinnitus

rTMS is also effective in decreasing disability in recovery from Fibromyalgia & Chronic Pain, Stroke, and Multiple Sclerosis.

Details of various treatment packages are available on request.

At **CIMBS** we use MagPro rTMS equipment from the leading manufacturer MagVentures, Denmark and strictly follow

RECENT THERAPEUTIC ADVANCES AT

COSMOS INSTITUTE OF MENTAL HEALTH & BEHAVIORAL SCIENCES (CIMBS)

At CIMBS and associated Delhi Psychiatry Centre and Cosmos Hospitals we strive to provide the state of the art in therapeutics and care for our clients and patients.

Our consultants and faculty bring in the latest and the best by constantly enhancing their medical, clinical and psychotherapy skills by attending national and international seminars, conferences, workshops, continuing medical education (CME) and professional development programs.

We are pioneers in introducing the most advanced and recent technologies as well as path-breaking therapies for benefit of our patients.

Cosmos Research-our Department of Clinical Research conducts US FDA and Indian DCGI approved Clinical Trials to collect safety and efficacy data for new drugs in psychiatry being developed by international Pharmaceutical and Biotechnology Majors, strictly following Good Clinical Practices (GCP), Schedule Y as well as other regulatory and ethical guidelines.

Some of our recently introduced therapeutic services include:

- rTMS
- Biofeedback & Neurofeedback

Cosmos Institute of Mental Health and Behavioural Sciences (CIMBS)

Cosmos Hospitals – Delhi Psychiatry Centre

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CIMBS

Cosmos Institute of Mental Health & Behavioural Sciences Delhi Psychiatry Centre



Service • Training • Research
- Because Mind Matters -



India's 1st ISO 9001: 2000 certified Psychiatry Centre



CIMBS offers an integrated system of psychiatric, psychological, rehabilitation and community care through Delhi Psychiatry Centre which is India's first ISO 9001:2000 Certified Psychiatric facility and is also Licensed under the Mental Health Act 1987.

Headed by its Chairman Dr Sunil Mittal who is a nationally and internationally renowned psychiatrist, the CIMBS team of highly qualified psychiatrists, clinical psychologists, social workers, counselors and nurses is reputed for setting benchmarks in mental health care.

CIMBS conducts various training programs including a Certificate Course in Clinical & Community Psychology (CAP-CCP), and a certificate course in Child and Adolescent Psychology & Psychiatry (CCC-APP), besides conducting independent and collaborative research.

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- Programs at Schools
- Career Counseling
- Corporate Psychological Health Program
- Lifestyle & Stress Management Programs

- Hospitalization for various Psychiatric Disorders
- Psychiatric ICU
- Emergency Services
- Ambulance: psychiatric patients
- Electro Convulsive Therapy (ECT)
- Transcranial Magnetic Stimulation (rTMS)
- Alcohol and Drug De-addiction & Rehabilitation
- Anti drug Implants
- Geriatric Psychiatric Services
- Neuropsychological Testing
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- Community Outreach & Support

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MANAGED BY: Cosmos Hospitals Pvt .Ltd
24 Hrs CONTACT NO. 011-43666 666
EMERGENCY SERVICES: Psychiatry

OPD (MON-SAT): 9 am – 6 pm
TELE-COUNSELLING: Available
AMBULANCE: Psychiatric Patients



"At CIMBS and associated Delhi Psychiatry Centre we provide the state of the art in therapeutics and care for patients.

Our consultants bring you the latest and the best by constantly enhancing their clinical and psychotherapy skills by participating in national and international conferences, workshops, continuing medical education and professional development programs.

We are pioneers in introducing the most advanced and recent technologies as well as path-breaking therapies. The installation of the high end Transcranial Magnetic Stimulation (TMS) from MagPro of Denmark is a reflection of our commitment to advanced mental health care.

Our research programs include US-FDA and DCGI approved Clinical Trials to collect safety and efficacy data for new drugs being developed by international Pharmaceutical Majors, strictly following regulatory and ethical guidelines.

Besides the complete range of OPD & indoor services some of our latest facilities include:

- Transcranial Magnetic Stimulation (rTMS) for depression, anxiety, OCD, hallucinations & other disorders
- Neurocognitive testings and rehabilitation
- Latest techniques for drug and alcohol de-addiction & rehab
- Child and Adolescent Mental Health Services
- Hypnotherapy, NLP and EMDR
- Eating Disorders (Anorexia and Bulimia) Treatment Service
- Corporate Mental Health Programs

We are a preferred centre for patients from across India and abroad due to our exacting standards of 'Professional excellence with personalised care' and belief that health is incomplete and life cannot be enjoyed without sound mental health - 'because mind matters.'

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